



UNIVERSITY of the
WESTERN CAPE

Community Engagement



COMMUNITY
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UNIT



*Substance Abuse
Case Study Manual*

VOLUME

2

UNIVERSITY OF THE WESTERN CAPE

COMMUNITY ENGAGEMENT UNIT

**CASE STUDY MANUAL
FOR SUBSTANCE ABUSEWORKERS**



UNIVERSITY *of the*
WESTERN CAPE

CASE STUDIES

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(2017)

ISBN NO: 978-0-86808-765-8

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The authors gratefully acknowledge the permission given by the participants to allow their case studies to be reproduced in this manual. All rights have been observed and anonymity has been ensured by using different names in the case studies.

Background and context

This case study manual is an outcome of the first two modules of the substance abuse course developed by the Community Engagement Unit at the University of the Western Cape. Context is a significant aspect of any substance abuse intervention. The manual was therefore created in collaboration with participants from the course. Their specific context, which was identified as an essential component of the training material, was highlighted.

In an age where substance abuse resources and training material are dominated by western contributions, this training manual will provide South Africans with a unique insight into situations within their own communities. It will also give volunteers, auxiliary workers and students who are receiving training in the field of substance abuse an insight into the South African context. This second volume of the case study manual will further explore substance abuse among South African youth.

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Preface

The Community Engagement Unit (CEU) is committed to Boyer's model of promoting the scholarship of engagement and the co-creation of knowledge through equitable partnerships. The CEU has embraced the idea of Mode 2 knowledge as described by Michael Gibbons, which speaks of knowledge production outside the sphere of academia. It embraces the idea that knowledge production occurs in the same environment in which problems are generated and solved, referred to as the 'agora'. In this case study manual we have therefore incorporated the indigenous knowledge of the community in order to make it relevant and effective for training in the twenty-first century. In particular, the CEU and the University of the Western Cape are committed to producing knowledge together with community leaders.

This training manual contains case studies developed through group work carried out during the Substance Abuse Training Programme. They record the contexts within which the participants work. To all those who took part in the University of the Western Cape Substance Abuse Programme 2016 – 2017: we thank you for sharing your experiences with us and contributing to this manual. You displayed great courage in entrusting us with your stories for the benefit of the education and training of others in the fight against substance abuse.

Prof. Priscilla Daniels

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