

Winter School



2ND JULY – 20TH JULY 2018



UNIVERSITY of the
WESTERN CAPE

School of Public Health
SoPh

A place of quality, a place to grow
from hope to action through knowledge

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FOR FURTHER ENQUIRIES:

WINTER SCHOOL ADMINISTRATION

Attention: **Bridget Basson**
School of Public Health
University of the Western Cape
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BELLVILLE 7535

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The Winter School 2018 Short Courses Brochure is also available at:
<http://www.uwcsoph.co.za/index.php/short-courses/winter-school>

WINTER SCHOOL 2018

INTRODUCTION

The University of the Western Cape School of Public Health is proud to present the **40th Short-Course School** in a series of Winter and Summer Schools held at UWC since 1992.

These courses expose health and health-related workers to the latest thinking in Public Health and enable them to discuss and exchange ideas on improved planning and implementation of Primary Health Care in the changing environment of the developing world. To date, some 12,000 participants, mainly nurses and middle level managers have attended these courses, from all over South Africa and many other African countries. As many of these courses are also used as the teaching blocks of the UWC Master of Public Health degree, the highest academic and practical standards are maintained.

Most courses are one week long to allow busy health workers to receive continuing education with minimal disruption of their services. The success of these courses lies in their relevance as shown by the fact that many students come back to our Winter School regularly. Selection of subjects reflects the main public health priorities. This year we are offering courses covering a wide range of management, programme development and policy and planning issues.

The cost of courses is kept to an absolute minimum, to allow for the fullest participation.

CLOSING DATE FOR APPLICATIONS: 6th April 2018

Note: Most of the courses are accredited for Continuing Professional Development for doctors, dentists and dieticians. Information on the number of points allocated to each course is indicated in the individual course outline.

COURSE DETAILS

1. VENUE: The School of Public Health building, University of the Western Cape, unless otherwise specified in correspondence.

2. COURSE FEES: **Note: Please refer to each individual course for course fee details.** Please send us your application form before **6th April, 2018**. Please also apply for funding to your funder as soon as possible. We urge you not to wait for your funding to be approved before sending in your application. Late applications, i.e. applications received after the closing date of **6th April, 2018**, will be subject to a R500 late registration fee per course. Payments are due within 30 days of application. Bookings will only be confirmed upon receipt of payment.

Cancellations need to be faxed or emailed to us one week before the commencement of a course, otherwise you will be liable for an administrative fee of 50% of the total course fees.

Fees for applications from outside South Africa: one week course US\$600 and two week course US\$1,100.

3. APPLICATIONS FOR WINTER SCHOOL 2018: Please fill in the application form provided in this brochure.

4. COURSE TIMES: 08h30 to 17h00, unless otherwise specified.

5. REGISTRATION: A place will be secured by submitting proof of payment of course fees with your application. Receipts will be issued for cash payments. Cheque payments must be marked clearly for: The University of the Western Cape. Registration for the particular course you are attending will take place at 08h00 on the Monday of the week in which it will be held, at the School of Public Health, UWC, unless otherwise specified.

6. DURATION: Courses run for 5 days from Monday to Friday of each week, unless otherwise specified.

WINTER SCHOOL 2018

1. ACCOMMODATION IN CAPE TOWN

The University has limited accommodation available for participants. You can enquire from the **Residential Services Coordinator: Ms Laurian Cupido** at **021-959 3097** or email her at: **lbcupido@uwc.ac.za**.

Alternatively, there is also limited accommodation to participants at **Kovacs Residence** on campus. **Please note** that it's on a 'first come' basis and therefore it is imperative that you enquire early in the year about availability. Their contact number on campus is: **021-959 9500** and email address is: **kovacs@uwc.ac.za**. SOPH Winter School administration will not be able to administer your accommodation on campus. It is your responsibility to make your own arrangements.

Accommodation is also available off campus to participants. Please refer to the **"Transport & Accommodation Notice"** at the back of this brochure which highlights accommodation available in the Bellville area.

Transport Arrangements

No transport will be offered by UWC and participants are urged to arrange their own daily transport to and from lectures at UWC. A list of transport vendors is available in the "Important Notice" section of this brochure.

2. MEALS AND REFRESHMENTS

Mid-morning teas, afternoon teas and lunches will be provided for all participants.

The cost of the teas and lunches is included in the course fees.

On Fridays no lunch will be served. Instead refreshments will be served after the graduation ceremony.

3. GENERAL INFORMATION

A Graduation Ceremony will be held at the end of each course on the Friday from 13h30 to 15h30. You are kindly requested to book your return ticket for Friday night or Saturday morning. We encourage all participants to attend their graduation event at which senior staff of local institutions or other dignitaries are invited to speak and officiate.

4. TRAVEL INSURANCE

Participants travelling from abroad should kindly note that the University of the Western Cape will not be liable for any health insurance.

Foreign Nationals:

It is imperative that Foreign Nationals submit proof of Medical Travel Insurance before arrival. If this is not submitted your application will be cancelled. Please fax/email your proof of insurance prior to your arrival in South Africa.

South Africans:

Please note that you should carry your medical aid card or cash in case of an emergency. UWC will not be held liable and will not be able to assist you financially in case of an emergency.

1

HEALTH MANAGEMENT

DATES: 2nd July – 6th July 2018 (1 Week Course)

COST: R4 300

CONVENORS:

- Prof Helene Schneider (School of Public Health, UWC)
- Dr Vera Scott (Tekano)

AIM:

To empower participants with knowledge and skills to effectively manage health services.

OBJECTIVES:

By the end of the course you should:

- Understand approaches to the concepts of leadership and management.
- Be able to define your role as leader/manager in the context of the Health System.
- Develop skills for analysing every day management and service delivery problems, and plan improvements to address these problems.
- Understand the scope of human resource management and the systems and skills required for managing relationships with people in your organisational environment.
- Appreciate systems requirements for managing information, finances and other resources to achieve better health.
- Have reflected on your own management practices and how to improve these.

COURSE STRUCTURE:

The course will comprise of lectures, discussions and group work. Lecturers will include experienced health managers. Case studies from within South Africa and other developing countries will be used to relate theoretical content to real-life experiences in a variety of settings. Lectures will be followed by discussions encouraging participants to draw on their own experiences and share the lessons they have learned. Participants will work in small groups to develop and present an operational plan using the logical framework matrix.

TARGET GROUP:

Managers of health and social services programmes at district, provincial or national level; managers of community-based or non-governmental organisations.

CPD Points: 40

2 HEALTH COMMITTEES: A Vehicle for Providers and Communities to Realize the Right to Health

DATES: 2nd July – 6th July 2018 (1 Week Course)

COST: R4 300

CO-CONVENORS: Ms Nikki Schaay (School of Public Health, UWC)

In collaboration with:

Prof Leslie London, Ms Therese Boule and Ms Fundiswa Kibido (Learning Network for Health and Human Rights, Health and Human Rights Programme, School of Public Health and Family Medicine, UCT)

OBJECTIVES:

By the end of this course participants should:

- Understand the concept, value and role of community participation in improving health service responsiveness to the communities served.
- Understand the health service's role and that of health care providers and managers in helping the realization of health rights in South Africa.
- Understand the health service manager's role in facilitating meaningful community participation through health committees.
- Understand the capacity building and technical support needs for maintaining effective community health committees.
- Be able to initiate and maintain meaningful dialogue that fosters community participation through health committees.

COURSE CONTENT:

1. The concept of community participation, its relationship to the right to health and the different ways in which participation can take place in the health system.
2. The constitutional and policy commitments and mechanisms that support community participation and the right to health in South Africa.
3. The role, power, composition and effective functioning of health committees: international, regional and local evidence and practice.
4. Contextualizing health committees within the South African health system – and the potential intersections they have with such initiatives as the *Office of Standards Compliance, the National Audit of Health Care Facilities, the National Health Insurance and PHC re-engineering*.
5. How to foster health system responsiveness and accountability to health committees.
6. Considering the nature of the relationship that health committees have with lay or community health workers, other health promoting structures within a community and the communities that the members represent -and how legitimacy and constructive dialogue and representation of all stakeholders can be supported.
7. Identifying the capacity building needs and facilitating training for members of health governance structures.
8. Participatory methods and approaches that can facilitate dialogue between health workers and social groups within a community.
9. Reflecting on appropriate monitoring systems and evaluative methods for assessing the functioning, performance and impact of such structures.

TARGET GROUP:

- National, provincial and local government officials working in the field of public health. The course is specifically targeted at facility managers and officials working in the area of health policy, human resource planning, community-based services, quality assurance, health management, health promotion, environmental health and community liaison.
- Staff and volunteers from civil society organisations, networks and Commissions involved in promoting community participation in health initiatives that advocate for the realization of socio-economic rights, including health.
- Local Government Councillors, particularly ward councillors and those who are members of the Health Portfolio Committee.
- Practitioners working in the field of public health and health promotion and interested in the issue of community participation and the right to health.

CPD Points: 40

3

HEALTH INFORMATION SYSTEMS FOR EVIDENCE BASED MANAGEMENT

DATES: 2nd July – 6th July 2018 (1 Week Course)

COST: R4 300

CONVENOR: Ms Verona Mathews (School of Public Health, UWC)

OBJECTIVES:

At the end of the course participants should be able to:

- Identify the challenges in using evidence based management in managing public health services.
- Discuss the importance of monitoring and evaluating in public health management.
- Describe and assess the different sources used in evidence based management in public health services.
- Describe the components of a health information system.
- Describe and apply data quality checks to different data sets.
- Develop, calculate and interpret information for evidence based planning and management.

COURSE CONTENT:

The course develops an understanding of monitoring tools, collecting data, understanding and calculating indicators, and producing reports using existing available data for evidence based decision making and planning. Finally, the course culminates to presentations on motivations for allocation of resources using case studies to present and interpret information for decision making and planning.

ACTIVITIES:

The course is delivered using a problem solving methodology structured around health management information datasets. Key concepts and principles of health information systems are presented which are then discussed and debated in an inter-active manner. Participants then use the datasets in resolving common real-life managerial dilemmas. Teamwork is emphasized during problem solving sessions.

TARGET GROUP:

All management team members who use evidence to plan monitor and manage public health services and would like to improve their skills. The management team members include: district and regional health managers, district health information officers, public health programme managers, local authority health managers, public health facility managers, operational managers and human resource managers.

CPD Points: 40

4 CURRENT THINKING AND PRACTICE IN HEALTH PROMOTION

DATES: 2nd July – 6th July 2018 (1 Week Course)

COST: R4 300

CONVENOR: Dr Suraya Mohamed (School of Public Health, UWC)

AIM:

To provide participants with the theoretical awareness and practical skills to develop effective comprehensive health promotion programmes.

OBJECTIVES:

By the end of the course you will:

- Be familiar with current health promotion documents, debates and issues and be able to relate these to current contexts of practice.
- Be able to describe the major determinants of good health and well-being, using appropriate theoretical concepts and models.
- Be able to demonstrate competence in developing health promotion goals and in selecting appropriate methods and resources in the process of planning health promotion interventions.
- Be able to demonstrate an understanding of the different settings and contexts for health promotion.
- Recognise the value of community involvement in health promotion programmes.
- Be able to design and undertake an evaluation of health promotion interventions and accept the importance of evidence based practice.

COURSE CONTENT:

- An exploration of the key international health promotion developments and theories.
- An analysis of the determinants of ill health at a social, economic, environmental and individual level.
- The process of identifying community and individual needs and planning appropriate health promotion interventions.
- The choice of appropriate methods and approaches and the skills required.
- Alliance building for health promotion.
- The nature, criteria and methods of evaluating health promotion interventions.

TEACHING METHODS:

The course will use a combination of presentations, group discussions and participatory activities, visiting lecturers and guided reading materials

TARGET GROUP:

Health and welfare workers at district, regional and provincial levels involved in implementation of health promoting activities in government, and non-governmental organisations involved in health promoting activities.

CPD Points: 40:

5

UNDERSTANDING AND ANALYSING HEALTH POLICY

DATES: 9th July – 13th July 2018 (1 Week Course)

COST: R4 300

CONVENORS:

- Prof Lucy Gilson (School of Public Health and Family Medicine, UCT)
- Prof Uta Lehmann (School of Public Health, UWC)

OBJECTIVES:

By the end of the course participants should be able to:

- Demonstrate understanding of the varied and iterative nature of policy change processes.
- Recognise that implementation is part of the overall policy change process.
- Identify key components and factors facilitating and constraining policy and implementation processes.
- Conduct comprehensive analyses of policy and implementation processes.
- Apply theoretical frameworks and approaches in understanding policy and implementation processes and use specific policy analysis tools.
- Use policy analysis for strategic planning.
- Work in teams to achieve specific goals.

COURSE CONTENT:

This course will:

- Provide an outline of key issues in policy analysis.
- Introduce and use theoretical frameworks and approaches.
- Encourage application of theoretical frameworks to routine work experiences.
- Introduce some key health policy debates.

ACTIVITIES:

The course will consist of a mix of presentations and practical exercises and activities individually and in small groups

TARGET GROUP:

Practitioners, policy makers, managers and academics interested in better understanding health policy and developing skills in health policy analysis.

CPD Points: 40

6 MEDICINES SUPPLY MANAGEMENT

DATES: 9th July – 13th July 2018 (1 Week Course)

COST: R4 300

CONVENORS:

- Dr Hazel Bradley (School of Public Health, UWC)
- Ms Nondumiso Ncube (School of Public Health, UWC)
- Dr Kim Ward (School of Pharmacy, UWC)
- Dr Raffaella Ravinetto (Institute of Tropical Medicine, Antwerp, Belgium)
- Input from national and local practitioners

AIM:

This course will engage participants from various professional backgrounds in the key principles of good medicines supply management.

OBJECTIVES:

By the end of the course participants should be able to:

- Identify and analyse key policy, legislative and regulatory frameworks applicable to medicines.
- Understand the importance of product selection, planning and procurement in managing medicines.
- Evaluate key principles applicable to the storage and distribution of medicines.
- Identify and analyse Inventory Management Systems for medicines.
- Evaluate the use of Logistics Management Information Systems in managing medicines supply.
- Advocate for stakeholders to adopt Rational Medicines Use principles in medicines supply management.
- Critically evaluate financial management mechanisms applicable to managing medicines.
- Critically analyse quality assurance in the medicines supply chain.

COURSE CONTENT:

The course content will draw on the following elements:

- Policy, Laws and Regulations applicable to medicines.
- Analysis of product selection, forecasting/quantification and supply planning for medicines.
- Key principles of procurement and quality assurance.
- Storage and distribution of medicines.
- Use of Inventory Management Systems for managing medicines.
- Logistics Management Information Systems for managing medicines.
- Rational Medicines Use and key financing mechanisms for managing medicines.
- Quality Assurance frameworks and application in medicines supply management.

TARGET GROUP:

Healthcare professionals, including pharmacists, doctors and nurses from the public (government) sector and NGOs working at national, provincial, district and facility level and involved with or managing/supervising medicines management activities.

CPD Points: 40

7 MONITORING AND EVALUATION OF HEALTH AND DEVELOPMENT PROGRAMMES

DATES: 9th July – 20th July 2018 (2 Week Course)

COST: R6500 (Fee includes Programme II which will be offered during Summer School)

CONVENORS:

- Prof Thandi Puoane (School of Public Health, UWC)
- Ms Lungiswa Tsolekile (School of Public Health, UWC)
- Ms Verona Mathews (School of Public Health, UWC)

COURSE DESCRIPTION:

This course will provide health workers with the opportunity to develop an understanding of key evaluation concepts and issues, and will expand their knowledge of evaluation approaches and methods. In particular, the course will focus on the key complexities inherent in the monitoring and evaluation of programmes based on Primary Health Care and Health Promotion principles.

Participants will be involved in critically appraising evaluations and will design a monitoring and evaluation system relevant to their programmes. Participants will also develop relevant tools to enable them to implement monitoring and evaluation systems within existing programmes.

COURSE CONTENT:

The course will focus on:

- Overview of monitoring and evaluation.
- Conceptualizing a monitoring system and an evaluation plan.
- Contemporary issues and challenges in Primary Health Care evaluation.
- Monitoring and evaluation indicators.
- Evaluation methods.
- Planning for evaluation.
- Evaluation resources.
- Developing a monitoring system and evaluation plan.

Each participant will be assisted to develop a monitoring plan and an evaluation proposal which focus on some aspect of their project or programme that requires monitoring and evaluation.

Participants who wish to attend the course must be prepared to complete all three stages of the course (see below):

STAGE 1: Two-week course at the 2018 Winter School (Programme I).

STAGE 2: Fieldwork: Collecting and organizing the data (4-5 months)

Having completed the first stage, participants return to their work situation and proceed to carry out their evaluation study, working on the implementation of their proposals, pre-testing and finalising their instruments, collecting data and beginning to organise the data for subsequent analysis.

STAGE 3: Analysis, writing up, presentation and dissemination of evaluation reports (1 week during Summer School 2019)

During this stage participants meet again for one week. Techniques in data presentation, statistical analysis and report writing are further refined and participants finalise their reports. They also discuss plans for the dissemination of results and develop new monitoring plans and evaluation proposals to be conducted outside the framework of the training course.

TARGET GROUP:

Programme and project officers, development and health professionals who are implementing health programmes or projects and members of provincial or district health management teams.

Students registered for the Master of Public Health degree at UWC who have chosen Health Research as a stream may attend this course for the first week only.

CPD Points: 80

8 EPIDEMIOLOGY AND CONTROL OF HIV/AIDS, TUBERCULOSIS AND MALARIA IN THE ERA OF ANTIRETROVIRALS

DATES: 9th July – 13th July 2018 (1 Week Course)

COST: R4 300

CONVENOR: Prof Harry Hausler (TB/HIV Care Association)

AIM:

To enable health managers and public health researchers to critically evaluate and design public health interventions and programmes to control HIV and Tuberculosis (TB).

OBJECTIVES:

At the end of the course you should be able to:

- Understand the epidemiology of HIV and TB in Africa.
- Describe policies and strategies to prevent, find and treat HIV and TB including TB/HIV collaborative activities.
- Evaluate control programmes for HIV and TB.
- Understand the impact of antiretroviral delivery on HIV and TB control programmes.
- Understand and interpret clinical trials and operational research related to HIV and TB.
- Understand and evaluate surveillance systems for HIV and TB.
- Design and implement interventions and programmes to control HIV and TB.

COURSE STRUCTURE:

The course will comprise lectures, discussions, exercises and group work. Lecturers will include experienced health managers and public health researchers. Participants will be encouraged to draw upon their own experiences and share the lessons they have learned.

TARGET GROUP:

District, provincial and national health managers, managers of community-based and non-governmental organizations, public health researchers.

CPD Points: 40

9 INTRODUCTION TO DHIS 2: Web-based Level 1 Course

DATES: 9th July – 13th July 2018 (1 Week Course)

COST: R5 000

CONVENORS: HISP

AIM:

An introduction to the web-based DHIS 2

OBJECTIVES:

By the end of the course, you should be able to:

- Understand the basic DHIS2 user interface.
- Capture aggregated data using the Data Entry application.
- Capture patient/event data using the Individual Records application.
- Introduction to DHIS2 dashboards.
- Generate data set and follow up reports.
- Understand how data/information may be used to measure and monitor health performance.

Participants will work individually or in small groups in a computer laboratory.

COURSE CONTENT:

The course will be based on randomised sample data from health facilities and districts in South Africa.

Participants will work on individual computers and will perform the following tasks:

- How to access and navigate DHIS2.
- What organisation units, data elements and data sets are.
- Data Entry.
- Data Validation.
- Submit data for sign off.
- Edit data.
- Reporting.
- Using the Dashboard.

TARGET GROUP:

Computer-literate data capturers, information officers, health care providers and managers who wish to acquire basic knowledge and skills in the web-based DHIS2.

Pre-requisite skills:

- A pre-admission test may be required in order to determine eligibility for course admission.
- Knowledge of key health issues, including goals, targets, and indicators.
- Experience with the District Health Information Software (DHIS).

CPD Points: 40

10 INTRODUCTION TO HEALTH POLICY AND SYSTEMS RESEARCH

DATES: 16th July – 20th July 2018 (1 Week Course)

COST: R4 300

CONVENORS:

- Prof Lucy Gilson (School of Public Health and Family Medicine, UCT)
- Dr Jill Olivier (School of Public Health and Family Medicine, UCT)
- Prof Helene Schneider (School of Public Health, UWC)

OBJECTIVES:

By the end of the course participants are expected to be able to:

- Identify researchable health policy and systems issues, including those focused on action to strengthen health systems and the processes of policy change.
- Formulate substantively relevant health policy or health systems research questions, by drawing on relevant empirical work, practice knowledge, and theoretical insights.
- Be familiar with the range of research purposes, questions and strategies used within HPSR.
- Identify appropriate research strategies and study designs for different HPSR issues, purposes and question types.
- Show awareness of critical issues in, and approaches to, ensuring rigour in HPSR.
- Be aware of critical ethical issues for HPSR.
- Be able to source HPSR materials and critically appraise HPSR empirical papers.
- Appreciate the value of multiple perspectives (positional and disciplinary) in conducting HPSR.
- Have some understanding of how the complex and socially constructed nature of health policy and health systems is addressed in HPSR methodology.
- Plan activities that support the use of research evidence for and in decision-making, through researcher-policy maker/practitioner engagement.
- Recognise that personal skills, such as listening and facilitation, are critical to being a health policy and systems researcher.

COURSE CONTENT:

The course begins with an introduction to health systems and health systems strengthening, as well as an overview of health policy and systems research and its differences from other forms of health research. It also begins by considering the sorts of issues (problems and opportunities) that represent the focus of this area of research, and the basis for related research questions.

Using practical activities, group discussion, as well as critical appraisal of research papers and of research protocols, it then goes on to address the four critical steps of conducting health policy and systems research:

Step 1: Identify the research focus and questions

Step 2: Design the study

Step 3: Ensure research quality and rigour

Step 4: Apply ethical principles, including ensuring engagement with research users during the research process

Finally, participants are provided an opportunity to think through and present their own research protocol for discussion and feedback.

TARGET GROUP:

The target audience for this course are both future research users and researchers, drawn from:

- Mid-level managers in the public sector or NGOs
- Future health policy and systems analysts and researchers
- Senior policy makers
- Academics from other fields of public health and beyond

Participants should have attended *Introduction to Complex Health Systems, Understanding and Analysing Health Policy* or a similar course as a pre-requisite to attend this course.

CPD Points: 40

11

CLINICAL TRIALS IN THE CONTEXT OF INDIGENOUS HERBAL MEDICINE

DATES: 16th July – 20th July 2018 (1 Week Course)

COST: R4 300

CONVENORS:

- Prof Gail D. Hughes (Faculty of Natural Science, Department of Medical Biosciences, UWC)
- Participation of other expert researchers and practitioners

OBJECTIVES:

By the end of the course, you will:

- Read, understand and interpret a systematic review.
- Interpret meta-analyses and forest plots.
- Conduct critical appraisal of a report of a clinical trial.
- Understand the hierarchy of evidence as this relates to study design.
- Explain the different types of clinical study design and their use.
- Create clear trial research questions using the PICO format.
- Write a structured protocol for a clinical trial.
- Be familiar with the ethical principles guiding the conduct of clinical trials.
- Have knowledge of Good Clinical Practice and where to source this information.
- Understand the imperative for trial registration and the trial regulatory environment.
- Understand Intellectual Property Rights with special reference to indigenous medicine.
- Understand principles of reverse pharmacology used in herbal medicine trials.

All of the above learning outcomes will be delivered using indigenous medicine as the contextual environment.

COURSE CONTENT:

- Introduction to systematic reviews, meta-analysis and evidence-based healthcare decision-making.
- Study type, bias and hierarchy of evidence in clinical research.
- Clinical trials methods including focusing the question (PICO) and randomization.
- Phases of clinical trials including reverse pharmacology in herbal medicine trials.
- Analysis tools and choice of estimate of effect for clinical trials.
- Reporting of clinical trial results, including writing a protocol.
- Appraising and interpreting clinical trial reports.
- Practical steps in conducting clinical trials including trial registration and Good Clinical Practice.
- Exploration of ethical practice of clinical trials of herbal medicine including Intellectual Property Rights.

TARGET GROUP:

Health professionals, clinical and public health researchers, traditional healers, and policy-makers who are involved or interested in the use, application, and/or teaching of clinical trial methodologies in the context of indigenous herbal medicine.

CPD Points: 40

12 PHARMACEUTICAL POLICY AND MANAGEMENT

DATES: 16th July – 20th July 2018 (1 Week Course)

COST: R4 300

CONVENORS:

- Dr Hazel Bradley (School of Public Health, UWC)
- Prof Richard Laing (Boston University School of Public Health, USA and School of Public Health, UWC)
- Ms Nondumiso Ncube (School of Public Health, UWC)
- Dr Raffaella Ravinetto (Institute of Tropical Medicine, Antwerp, Belgium)
- Input from national and local practitioners

AIM:

This course will introduce participants to pharmaceutical policy and management issues within the health systems framework and provide health professionals working in the area of pharmaceuticals and management with additional skills.

OBJECTIVES:

By the end of the course participants should be able to:

- Identify the key role that pharmaceuticals play in health systems.
- Explore how access to, and rational use of, pharmaceuticals play a key function in health systems.
- Identify how the health and pharmaceutical policy process are linked together at different levels of the health system.
- Demonstrate how policies can be developed and incorporated into management systems to improve access and use of medicines.
- Analyse existing policy instruments that have been used to manage the delivery of pharmaceutical systems.
- Develop an implementation plan for a new policy that would include monitoring and evaluation indicators.
- Identify the importance of community involvement in policy development, health promotion and in the design and implementation of interventions.
- Evaluate the particular pharmaceutical policy needs for medicines with particular characteristics such as vaccines or controlled substances.
- Identify points in the pharmaceutical supply and use chain that are particularly vulnerable to corruption and suggest policy and managerial approaches to address these vulnerabilities.

COURSE CONTENT:

The course content will draw on the following elements:

- Health and pharmaceutical system models
- Health Policy Analysis methods applicable to pharmaceutical policy issues
- Access frameworks, policies and indicators
- Rational use frameworks, policies and indicators
- Pharmaceutical policy implementation planning, including defining objectives, activities, monitoring and evaluation
- Health Promotion - pharmaceutical access and rational use
- Pharmaceutical policy and management of particular medicines
- Corruption in pharmaceutical systems - prevention and policy actions

(continued overleaf)

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TARGET GROUP:

Healthcare professionals, such as doctors, nurses, pharmacists and health managers from South Africa and other sub-Saharan African countries involved in pharmaceutical policy or management within the health system; from the public (government) sector and local and internationally-funded NPO and NGOs, working at national, district and facility/clinic levels; as well as international organizations such as the World Health Organisation (WHO) and the private sector.

CPD Points: 40

13 AN INTRODUCTION TO QUALITATIVE RESEARCH METHODS FOR HEALTH SCIENCES

DATES: 16th July – 20th July 2018 (1 Week Course)

COST: R4 300

CONVENORS:

- Dr Thubelihle Mathole (School of Public Health, UWC)
- Dr Lucia Knight (School of Public Health, UWC)

AIM:

The course is designed as an introduction for Honours or Masters students. The general aim of this course is to deepen participants' understanding of the conceptual and theoretical issues and practical methods of qualitative research, in order to strengthen their skills and increase the rigour and credibility of their research in health care settings.

PRE-REQUISITES:

Some prior training in research methods (qualitative or quantitative) is required to engage effectively with this course, i.e. credit for a course at undergraduate level or evidence of research experience in the field. Please include either an academic transcript, or a one page detailed description of the role you have played in a research study, with email contact details of the Principal Investigator or your supervisor.

OBJECTIVES:

Through participating in the course, you should be able to:

- Further explore the theoretical underpinnings and perspectives of qualitative research.
- Debate the purpose and key characteristics of qualitative research methods.
- Identify and develop research questions which are best addressed by qualitative methods.
- Differentiate selected qualitative approaches appropriate to health care settings and explore what they bring to a qualitative research study.
- Critically engage with strategies to enhance the quality (rigour) of qualitative research studies.
- Discuss ethical considerations in qualitative research.
- Engage in practical exercises to hone data collection and data analysis skills.

These objectives will be achieved through exploring and analysing examples of qualitative research studies, and using group work and presentation methods. It will be an advantage for participants to have identified their own research topic to explore during the course.

TARGET GROUP:

Honours or Masters students, researchers and health practitioners in government, research institutions and non-governmental organisations who possess at least some research training at undergraduate level.

CPD Points: 40

14 GLOBALISATION AND HEALTH: Key Aspects for Policy Makers, Managers and Practitioners

DATES: 16th July – 20th July 2018 (1 Week Course)

COST: R4 300

CONVENORS:

- Prof David Sanders (School of Public Health, UWC)
- Prof Christina Zarowsky (University of Montreal)
- Prof Asha George (School of Public Health, UWC)

AIM:

To enable participants to demonstrate familiarity with the political, economic and other causes of disparities in health and health care between and within countries with a focus on how global factors may contribute to these, and of key actions to address these global factors.

OBJECTIVES:

By the end of the course you should be able to:

- Discuss the most important existing empirical evidence of the links between global change and health.
- Explain the consequences for health and health care of key global factors such as trade, financial flows, development assistance, climate change, etc. and of policies and practices of major global actors (e.g. World Trade Organization, the World Bank, the International Monetary Fund, the UN-system, including the WHO and UNICEF, as well as policies of the donor community and non-governmental organisations, including private actors).
- Identify measures, including research, advocacy and social mobilisation that are needed to counteract the global forces that may be leading to increased inequity in health and access to health care between and within countries.
- Discuss the need for *healthy policies* in all sectors.

COURSE CONTENT:

The course will examine global economic and political relationships, policies and structures and the international health policy agendas that affect health and health care. It will explore the complex relationships between health and health care and different socioeconomic, cultural, political and structural factors. The political, economic and other causes of disparities in health and health care between and within countries will be discussed. The focus will be on global factors that contribute to inequalities and inequities. Actions that can be taken to address the adverse health effects of globalisation will be discussed.

TEACHING METHODS:

The course will consist of presentations, exercises, small group discussions and guided review of key readings.

TARGET GROUP:

- Health policy makers, planners and managers of health services, researchers and academics involved in public health or associated fields, e.g. Sociology.
- Postgraduate students in public health, development studies, international relations and international or human rights law.

CPD Points: 40

14. Present Position (if employed):

Briefly describe your work responsibilities in your present position:

.....

.....

Employer:

Address: Postal Code (.....)

15. Sponsor:

Contact Name and Address of Sponsor:

.....

Telephone Number of Sponsor: (.....)

Fax Number of Sponsor: (.....)

Email Address of Sponsor:

16. Amount of full-time public/community health or related experience you have: years

17. Educational qualifications:

School:

Other:

.....

18. Please indicate the name and the number of each course you wish to enroll for: (see page 2)

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.....

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19. How did you find out about the Winter School? (Newspaper, SOPH Brochure, Flyer, Word-of-Mouth, Other)

.....

20. Are you presently enrolled in one of UWC's or UCT's Post-graduate programmes in Public Health?

Yes: (Name of Institution)

No:

CONFIRMATION OF APPLICATION

To facilitate your registration, please attach a cheque or proof of EFT payment for the course fees to your application form. All cheques must be made payable to *The University of the Western Cape*.

Please submit your application form via fax or email to us before the 6th April 2018 to avoid paying the late fee. Cancellations need to be faxed or emailed to us 1 week before the commencement of a course, otherwise you will be liable to pay an administrative fee of 50% of the total course fees.

Your booking for the course will only be confirmed upon receipt of payment.

CLOSING DATE FOR APPLICATIONS: 6th April 2018

FOR FURTHER ENQUIRIES:

WINTER SCHOOL ADMINISTRATION

Attention: **Bridget Basson**
School of Public Health
University of the Western Cape
Private Bag X17
BELLVILLE 7535

Tel: 021-959 2809 or 021-959 2536
Fax: 021-959 2872
Email: sophwinter@uwc.ac.za
Facebook: <https://www.facebook.com/UWCSOPH>

FEE PAYMENT ACCOUNT DETAILS

ALL BANK TRANSFERS/DEPOSITS SHOULD BE MADE TO THE FOLLOWING BANK ACCOUNT:

Bank: Absa

Branch: Public Sector Western Cape

Account Name: University of the Western Cape

Account No.: 40-5527-6854

Branch Code: 631-609

Address: 1st Floor, Tijger Park 4, Tygervalley, 7536

Swift Code: ABSAZAJJ

Invoice no: Please reference your invoice: 2018WS

PLEASE NOTE:

Your proof of Electronic payment and deposit slip should be e-mailed or faxed immediately to:

School of Public Health

Fax: 021-959 2872

E-mail: sophwinter@uwc.ac.za

Without this proof of payment your attendance will not be confirmed and your account will remain unpaid. ***Please note that an Order Number is not proof of payment.***

Applications received after the closing date (i.e. after 6th April, 2018) will be liable for the late application fee which is an additional R500 per course.

Payments are due within 30 days of application.

Booking will only be confirmed upon receipt of payment.

For further enquiries regarding PAYMENT please contact:

Winter School Administration

Attention: Sidiqa Abbas

School of Public Health

University of the Western Cape

Private Bag X17

BELLVILLE 7535

Tel: 021-959 2809

Fax: 021-959 2872

Email: sophwinter@uwc.ac.za

IMPORTANT NOTICE: ACCOMMODATION & TRANSPORT

The School of Public Health at the University of the Western Cape will not be offering any transport for participants to and from the University. You need to make your own arrangements from the Airport and/or bus station to get to the university. Please find below a list of shuttle services you could contact ahead of time to arrange transport from the airport or bus station to your place of residence.

We are also providing you with a list of guesthouses that you could contact for accommodation in the Bellville area if you don't prefer staying at UWC. Alternatively, you may refer to the following website for other accommodation in the Bellville area:

<http://www.sa-venues.com/westerncape/bandb/bellville.php> OR www.google.co.za

You will note that some of these places also offer a shuttle service.

LIST OF GUEST HOUSES (ALTERNATE ACCOMMODATION)

Guesthouse.....	Contact Number
Bell Rosen Guesthouse.....	021 913 4703
Sontyger Guesthouse	021 919 0711
Feathers Lodge	021 910 1078
Excellent Guesthouse	084 474 4444
La Petit Chateau	021 976 0128
Eversdal Guesthouse	021 919 1752
Broadway Guesthouse	021 948 5727
Markotter Place	021 945 4879
Town Lodge Bellville	021 948 7990

**MOST OF THESE PLACES ARE ABOUT 15-20 MINUTES DRIVE TO THE UWC MAIN CAMPUS
(DEPENDING ON TRAFFIC CONDITIONS)**

SHUTTLE SERVICES

Springbok Atlas – Clive:	021 460 4700
Solomons – Sandy:	021 909 3425 or 021 909 3175
African End Tourism – Calvin:	021 913 7789 or 082 873 5196
HG Travelling Services – Donna:	021 703 7802
MyShuttle – Luke:	087 802 8524 or 072 241 3554

